



# 4TH ANNUAL WOUNDED WARRIOR TENNIS CAMP

For Wounded, Ill, and Injured Service Members and Veterans

May 18 - 24, 2015 (Travel Dates: May 18 & 24)



**To ensure legibility, please type your answers and be sure to answer ALL questions!**

### CONTACT INFORMATION:

Name of Participant as it appears on DL/passport: \_\_\_\_\_ Nickname \_\_\_\_\_

Current Mailing Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Permanent Address (if different from above) \_\_\_\_\_

Telephone Numbers: Home: \_\_\_\_\_ Cell: \_\_\_\_\_

Email Address: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_ DOB: \_\_\_\_\_

Gender:  Male  Female Hometown: \_\_\_\_\_

Emergency Contacts:	Relationship	Home Phone	Cell Phone
(1) _____	_____	_____	_____
(2) _____	_____	_____	_____

### MILITARY SERVICE INFORMATION:

Military status:  Active Duty  Veteran  Reservist

Branch of Service:  USN  USMC  USA  USAF Other: \_\_\_\_\_

Years of Active Duty: \_\_\_\_\_ Date of Separation from Active Duty: \_\_\_\_\_

Rank: \_\_\_\_\_ Deployment Experience:  OIF  OEF Other: \_\_\_\_\_

Were you injured post-9/11?  Yes  No

Were you injured **in combat** post-9/11?  Yes  No

### DISABILITY/MEDICAL INFORMATION:

What is your disability? \_\_\_\_\_

Date of Onset: \_\_\_\_\_

Current Medications:	What are they for?	Dosage	Changes to your medications in the last 3 months?
(1) _____	_____	_____	_____
(2) _____	_____	_____	_____
(3) _____	_____	_____	_____
(4) _____	_____	_____	_____
(5) _____	_____	_____	_____
(6) _____	_____	_____	_____

**DISABILITY/MEDICAL INFORMATION (cont.):**

Do you have seizures?  Yes  No If yes, date of last seizure \_\_\_\_\_ and type of seizure \_\_\_\_\_

Frequency of seizures: \_\_\_\_\_

Do you have diabetes?  Yes  No  Type 1  Type 2

Please list any allergies you may have:

Are any of your body parts susceptible to cold, heat, and /or impact?  Yes  No If yes, please list:

Do you have any cardiac problems? If yes, please describe.

Do you experience pain?  Yes  No

Percentage of time you are in pain: \_\_\_\_\_ On scale of 1-10, what level of pain are you in? \_\_\_\_\_

Where is your pain located? \_\_\_\_\_

Ability to speak:  Intact  Impaired

Hearing:  Intact  Impaired Hearing aids?  Yes  No

Vision:  Intact  Impaired Do you wear: glasses \_\_\_\_\_ contacts \_\_\_\_\_

Do you have any diet restrictions/ allergies?  Yes  No Please describe: \_\_\_\_\_

Do you experience any sleep disorders?  Snoring  Sleep walking  Sleep apnea

How many hours a night do you sleep (average)? \_\_\_\_\_

Do you have decreased strength in your upper extremities (arms)?  Yes  No If yes, what side \_\_\_\_\_

Will you need any type of adaptation device to hold racket e.g. Ace wraps/athletic tape?  Yes  No

Are you left or right hand dominant?  Left  Right

Do you have any upper extremity (arm) limitation that may affect your participation?  Yes  No

If yes, where and what extent? \_\_\_\_\_

**COMBAT STRESS/PTSD/MST (Military Sexual Trauma)**

Do you have panic attacks?  Yes  No

Do you have flashbacks?  Yes  No

Are you sensitive to loud noises?  Yes  No

Do crowds make you feel anxious?  Yes  No

Do you get angry easily?  Yes  No

Are you hyper-vigilant?  Yes  No

Do you isolate yourself?  Yes  No

Do you get anxious easily?  Yes  No

How can we best support you should you become anxious, fearful, angry, etc?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**TRAUMATIC BRAIN INJURY (TBI)**

Have you sustained traumatic brain injury?  Yes  No

Status of injury:  Primary Disability  Secondary Condition Date of injury: \_\_\_\_\_

What is the cause of your TBI?  Blast injury  Motorcycle/Vehicle accident Other \_\_\_\_\_

Do you wear a helmet?  Yes  No

Severity of Injury?:  Mild  Moderate  Severe

Has your TBI affected you in any if the following ways?

Short-term memory impairment  Yes  No

Decreased attention span  Yes  No

Problem-solving difficulties  Yes  No

Inability to concentrate  Yes  No

Impulsive/Decreased ability to filter what I say and/or do  Yes  No

Decreased balance  Yes  No

Vestibular impairment  Yes  No

Light sensitivity  Yes  No

Do you get dizzy?  Yes  No

Do you get motion sickness?  Yes  No

Do you have difficulty walking?  Yes  No

Do you have difficulty running?  Yes  No

Please explain the items you have checked yes to:

\_\_\_\_\_

Do you have headaches?  Yes  No

How often do they occur? \_\_\_\_\_ What triggers your headaches? \_\_\_\_\_

On a scale of 1 to 10, how severe are your headaches? \_\_\_\_\_

How do you treat your headaches?  Medication  Rest Other \_\_\_\_\_

**MENTAL HEALTH**

Do you have a mental health disorder?  Yes  No

If yes, please specify:  Bipolar  Depression  Adjustment Disorder  Schizophrenia

Other: \_\_\_\_\_

**AMPUTATION**

Status of Injury:     Primary Disability         Secondary Condition

Date of Amputation: \_\_\_\_\_ Level of Amputation: \_\_\_\_\_

Please describe your means of mobility (i.e. prosthesis, wheelchair, none, etc.)

\_\_\_\_\_

If you have prosthesis, will you be using it while taking part in our program?    Yes         No

**DURABLE MEDICAL SUPPLIES**

Do you use mobility devices?    Yes    No        If yes, which devices do you use: \_\_\_\_\_

Wheelchair     Walker     Cane     Crutches     Prosthetic     Orthotic    Other \_\_\_\_\_

Are you able to push yourself in a wheelchair?     Yes         No

Do you use a shower chair?    Yes     No    If yes, will you be bringing your own?    Yes     No

Do you need a shower chair?    Yes         No

**SPINAL CORD INJURY (SCI)**

Para     Quad     Complete     Incomplete    Are you able to transfer out of wheelchair?    Yes     No

Shunt         Concerns with pressure sores/skin breakdown         Concerns with muscle spasms

Please describe any other medical conditions not mentioned in any of the sections above:

\_\_\_\_\_  
\_\_\_\_\_

**TENNIS EXPERIENCE**

Do you need to borrow a tennis wheelchair?    Yes     No        Will you bring your own?    Yes         No

What level of tennis do you play?    Beginner     Intermediate     Advanced

Did you play tennis before injury or diagnoses?     Yes         No

Do you currently play tennis?    Yes         No        If yes, how many times in the last year? \_\_\_\_\_

**MERCHANDISE**

T-shirt size:     Small         Medium         Large         X-Large         XX-Large

Tennis shoe size: \_\_\_\_\_

**CARE PROVIDER (IF NEEDED) INFORMATION**

Please explain why you need a Care Provider:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Care Provider Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Cell Number: \_\_\_\_\_ Email: \_\_\_\_\_

Will Care Provider be participating in the camp?      Yes      No

T-Shirt Size:      Small              Medium              Large              X-Large              XX-Large

Tennis shoe size: \_\_\_\_\_

Will you be bringing a service animal?      Yes              No

Animal type: \_\_\_\_\_

Name: \_\_\_\_\_

**FLIGHT INFORMATION**

Departure Airport: \_\_\_\_\_ Return Airport: \_\_\_\_\_

Will you need an aisle chair?      Yes      No              Are you travelling by yourself?      Yes      No

How did you learn about this camp?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have you participated in this camp before?      Yes      No      2012      2013      2014

Please tell us in a few sentences why you are interested in attending this camp.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Medical Clearance Form for Active Duty & Veterans

Please obtain approvals from all physicians and therapists you are seeing,  
as well as your Chain-of-Command if on active duty.

Applicant's Name \_\_\_\_\_ Phone # \_\_\_\_\_ Unit if active duty \_\_\_\_\_

**Event Name:** 4<sup>th</sup> Annual Wounded Warrior Tennis Camp **Dates:** May 18-24, 2015

**Location:** San Diego, CA 92104

**Medical POC:** Marla Knox, CTRS, MA **Phone:** 619-532-5783 **Email:** marla.knox@med.navy.mil

Information about this event is available at [www.sdwoundedwarriortennis.org](http://www.sdwoundedwarriortennis.org)

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### PRIMARY CARE PHYSICIAN'S AUTHORIZATION

Name of Primary Care Provider \_\_\_\_\_ Phone # \_\_\_\_\_

Primary Care Provider Signature \_\_\_\_\_ Date \_\_\_\_\_

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### MENTAL HEALTH THERAPIST'S AUTHORIZATION

Name of Mental Health Therapist \_\_\_\_\_ Phone # \_\_\_\_\_

Mental Health Therapist's Signature \_\_\_\_\_ Date \_\_\_\_\_

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### RECREATION THERAPIST'S AUTHORIZATION

Name of Recreation Therapist \_\_\_\_\_ Phone # \_\_\_\_\_

Recreation Therapist's Signature \_\_\_\_\_ Date \_\_\_\_\_

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### PHYSICAL THERAPIST'S AUTHORIZATION

Name of Physical Therapist \_\_\_\_\_ Phone # \_\_\_\_\_

Physical Therapist's Signature \_\_\_\_\_ Date \_\_\_\_\_

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### CHAIN-OF-COMMAND AUTHORIZATION

Name of Officer-in-Charge \_\_\_\_\_ Phone # \_\_\_\_\_

Officer-in-Charge Signature \_\_\_\_\_ Date \_\_\_\_\_

Please provide proof of military service (one of the following three)

Copy of active duty or retired ID card

Copy of first page of DD-214

Copy of VA health system ID card

Please send the completed typed application form, medical clearance form, and proof of military service to:

Mary Alice (M. A.) Hillier

Tennis Camp Coordinator

Email: [tennisma@cox.net](mailto:tennisma@cox.net)

Fax: 619-390-5684

Please direct any questions to M.A. Her cell phone is 619-884-8911.

Please keep in mind she is in the Pacific Standard Time zone.